



## **Pictou Landing First Nations**

Job Posting

### **Fitness Centre Part-Time Workers**

#### **Description**

We are looking for two part-time workers to work at the new Fitness Centre “LouBodies” the candidate should be passionate about helping individuals achieve their fitness goals, and who have some knowledge with proper usage of gym equipment. We are looking for a positive personality and the ability to motivate others using effective interpersonal communication skills. We are searching for committed, hard-working, and team-oriented individual who love fitness and are motivating people to help others accomplish their goals

#### **Responsibility:**

- Greet and welcome community members to the center
- Monitor fitness area for accessibility and cleanliness
- Open and close fitness centre
- Conduct consultation with new members demonstrate proper use of equipment
- Maintain a clean and safe environment by monitoring the facility constantly and addressing any safety or cleanliness issues immediately
- Works independently and efficiently
- Assist fitness center members with individual programs
- Ensure all repairs are reported to the MPAL
- Ensure all rules and policies of conduct are enforced within the fitness center so all members feel comfortable and at ease
- Ensure members are participating in fitness in a safe manner
- Promote good health of community through promotion of fitness center and related activities
- May be required to take training as related to position, ie First Aid, Personal Training Certification

#### **Job Qualifications**

- Must have both, a clear criminal record and vulnerable sector check
- Certified Personal Trainer Certificate preferred or experience working with gym equipment
- Positive, motivating and strong communication skills
- In the possibility of equal candidates, preference will be given to Pictou Landing First Nations Band Member

## Abilities

- Self-motivated with the ability to work with minimal supervision in a team-oriented setting
- Excellent communication skills, both written and oral
- Ability to work with youths, adults and elders
- Must have a positive attitude
- Must be reliable, punctual, motivated, friendly, and out going
- Excellent organizing and time management skills
- Heavy lifting with sport/fitness equipment may be required

## Work Conditions:

This position is mostly evening and weekends, a reliable person(s) to open and close the fitness centre. Flexibility on hours depending on Fitness centre hours is required

Salary: \$15.5/hour

Start date: June 12, 2023

Hours: 15-20 hours/week

Please submit a resume, along with a cover letter outlining your skills and abilities to [Sheila.f@plfn.ca](mailto:Sheila.f@plfn.ca)  
By June 7, 2023

The job description is subject to revisions, job requirements at times as deemed necessary by Band Council and requirements of fitness center. No late applications will be accepted.

PLEASE NOTE: ONLY THOSE WHO QUALIFY WILL BE CONTACTED FOR AN INTERVIEW

\*\*\*This posting may be altered or cancelled without prior notice\*\*\*