

PIKTUK AKNUTMAQN

NEW Land Based Program Coordinator! WELCOME JODY!

Jody Brooks has been hired as the Land-based Program Coordinator for the community. He will design and deliver community land-based programs and services to reflect Land Based Education which reflect Pictou Landing First Nations cultural and land use. He will be planning activities such as tracking, trapping, fishing, canoeing, medicine walks and nature walks, in addition to developing relationships with the local community, organizations and classrooms.

Jody needs your help; he has done a survey that should take about 5-10 minutes to Complete **(Survey is attached at the end of this newsletter!)**. The purpose of this Survey is to help identify knowledge-keepers and resources within PLFN for future Community and Cultural Land-Based Activities. So could you please help him identify what you'd be able to help with? What would you like to see under the program?

You can contact at Jody.b@plfn.ca or on the PLFN Cultural Land-Based Program on Facebook! He will be setting up a drop box at the band office for you to drop off your completed surveys or you can visit him at top of the old day care! Once all surveys are all completed he will be doing a draw for 9 gift cards. 3 for each age group! Jody is asking everyone aged 14 & up to fill one out please!

Thank you so much for taking time out of your day to read and participate!

*All surveys must be handed in by April 21st 2023 to be considered for the draw

*If you would like extra copies for you and your family, just let him know and he will be happy to deliver them, also if they need to be picked up just let him know!

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Band Office Hours	Health Centre Hours	Garbage Day	Chief & Council Meetings
<p>Monday - Thursday 9:00 am - 4:00 pm</p> <p>Friday 9:00 am - 3:00 pm</p> <p>Closed for lunch hour.</p>	<p>Monday - Thursday 9:00 am - 4:00 pm</p> <p>Friday 9:00 am - 3:00 pm</p> <p>Closed for lunch hour.</p>	<p>Collection is every second Tuesday</p> <p>Next Collection Date is:</p> <p>Tuesday March 21, 2023</p> <p>Tuesday April 4, 2023</p>	<p>The next Chief & Council meeting is TBD</p> <p>To submit a letter or request please email janet@plfn.ca or webmaster@plfn.ca or you can drop off at the front desk of the Band Office.</p>
VCM Hours	Wolf Den Hours	Pictou Landing Pantry Hours	Fisheries Hours
<p>Monday - Friday 7:00 am - 11:00 pm</p> <p>Saturday- Sunday 9:00 am - 11:00 pm</p>	<p>Open 7 days a week 9:00 am - Midnight</p>	<p>Tuesday 9:00 am - 3:00 pm</p> <p>Wednesday 1:00 pm - 3:00 pm</p> <p>Thursday 9:00 am - 3:00 pm</p>	<p>Monday - Thursday 9:00 am - 4:00 pm</p> <p>Friday 9:00 am - 3:00 pm</p> <p>Closed for lunch hour.</p>

Chief & Council Corner:

To submit a letter or request please email janet@plfn.ca or webmaster@plfn.ca or you can drop off at the front desk of the Band Office.

Some things to Note:

- Chief and Council agendas will now be made available in advance of meetings. Please note agenda items might change, but we will do our best to provide the most recent one.
- Chief and Council meeting minutes will be made available to community members on a go forward basis. And meetings will be going **LIVE!** Be sure to watch for the link coming soon.
- Residential School Survivors weekend retreat is happening April 14-16, forms can be picked up at the band office.
- An Update on the RHI application has been shared in this newsletter and on our social media page.
- Note from Councillor Jenny Fraser: She will be helping with Elders and low-income community members with their taxes. They can either drop off their tax info to her at the store or call or text me at 902-301-9545. Her Deadline is April 28th, that will give me enough time to finish them by the May 1st deadline.

IHPP Update:

THE INDIGENOUS HABITAT PARTICIPATION PROGRAM

COMMUNITY CATERING CONTRACTS

The IHPP is looking for Caterers! If you or someone you know is interested in catering an IHPP session reach out to Trinity Nicholas for more information! Catering contracts are available for all community members!

POSSIBLE SESSIONS TO CATER:

- ELDER MEETINGS
- IHPP COMMITTEE MEETINGS
- COMMUNITY ENGAGEMENT SESSIONS
- LAND-BASED LEARNING SESSIONS
- AND MORE!

CONTACT INFORMATION:
TRINITY.N@PLF.CA 902-919-3829



PLFN INDIGENOUS HABITAT PARTICIPATION PROGRAM

PLFN IHPP COMMITTEE

Are you interested in restoration plans in Piktuk? Join the PLFN IHPP Committee to help develop restoration plans lead by community input! Reach out to Trinity Nicholas for more information!

PLFN IHPP Committee Meetings Every Month!

2023 RESTORATION TOPIC: A'SE'K



CONTACT INFORMATION:
TRINITY.N@PLFN.CA 902-919-3829

Mi'kmaw Home Energy Efficiency Project (MHEEP):

Anyone who wants to take part in the Mi'kmaw Home Energy Efficiency Project (MHEEP) Phase 6, please contact the Housing Department and leave your name and contact number. This is a program where representatives from *Efficiency Nova Scotia* come to your home and they conduct an energy efficiency assessment.

Once they complete the assessment, recommendations are made to improve the energy efficiency in your home. This can include everything from energy-efficient light bulbs, water-efficient aerators for sink taps and heat-pumps. This is only for band members who did not take part in one of the first five phases.

There are only 35 openings available and it is on a first come first serve basis.

Housing Director,
Albert M. Denny
Cell #: (902)301-9442
Office: (902)752-4912 ext.112
Email: Albert.d@plfn.ca

Community Notices:

- **Drumming** is on Thursdays with Carl from 5:00pm – 8:00pm at the school.
- **Bloodwork**

Collections happen between **10 – 11** at the Health Centre every Wednesday by **APPOINTMENT ONLY**. We will need your **Lab Requisition** paper the **Monday** prior to your appointment, as it has to be faxed to the lab before they come down, to ensure they have the proper supplies. It can be dropped off at the front desk or faxed to (902)752-6465 or 1(833)842-5564 **If the requisition is not received, you will be removed from the list and be responsible for rescheduling yourself.** Please call Ashley at the Health Centre (902-752-0085) to book your appointment.

Patients also have the option to book in New Glasgow by phone or online.

Aberdeen Blood Collection 678 East River Road, New Glasgow, NS B2H 3S1

Appointments are required for blood collection service.

This location offers online appointment bookings. Visit <https://booking.nshealth.ca> to book your own appointment.

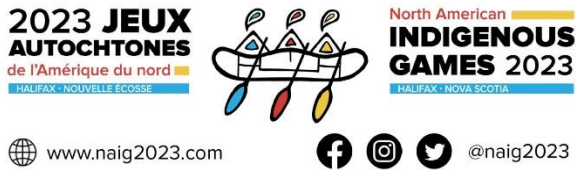
Patients can book their own appointment for blood collection service by calling 902-928-2830 from 8:30 a.m. to 2:30 p.m. Monday to Friday (excluding holidays).

Craig from Service Canada will be at the Band Office on Friday April 21 from 10:00am - 3:00 pm. He is able to help with the following:

Employment Insurance
 Canadian Pension Plan / Old Age Security / Guaranteed Income Supplement
 Social Insurance Number
 Passport application intake

Service
 Canada 

Are you interested in volunteering for NAIG?



www.naig2023.com

[f](#) [@](#) [@naig2023](#)

There are Levels of commitment vary based on the role you are interested in:

- Games-Time volunteers agree to a minimum of 18 hours or 3 shifts the week of the games.
- Volunteer Leads have a larger commitment to planning - this means at least 8 hours a month

leading up to the Games.

- Indigenous volunteers agree to commit to a minimum of 10 hours.

Volunteer forms are available at the front desk of the band office!

School Update:



Pictou Landing First Nation School

6407 Pictou Landing Road
Module 12, Compartment 7
Fisher's Grant Nova Scotia
B0K 1X0
Phone: 902-755-9954
902-301-3773
Fax: 752-4912

Pictou Landing School April Update Penatmuiku's

Tuesday, April 4	Grade 5/6 Trip to NRHS to give cultural teachings Grade 7/8 Ribbon Skirt & Ribbon Shirt Teachings Grade 3 / 4 Salmon Fishing ● Basketball at Frank H. Gr. 5/7
Thursday, April 6	🏊 Head Start to Grade 2 Swimming Lesson 🎨 Draw for Easter Basket 🐰
Friday, April 7	◆ Good Friday- No School
Monday, April 10	◆ Easter Monday- No School
Tuesday, April 11	● Basketball at Frank H. Gr. 5/6
Wednesday, April 12	Grade 5/6 Trip to NRHS to give cultural teachings
Thursday, April 13	🏊 Head Start to Grade 2 Swimming Lesson
Friday, April 14	Grade P to 4 Field Trip to Pictou County Forest School
Tuesday, April 18	Exploratories ● Basketball at Frank H Gr. 5/6
Wednesday, April 19	🏊 Head Start to Grade 2 Swimming Lesson (Last one)
Thursday, April 20	🌱 Earth Day Learning Activities
Friday, April 21	Super Nova Workshops- Ocean Data Engagement. 3-5 pm for Community
Tuesday, April 25	● Basketball at Frank H. Gr. 5/6
Thursday, April 27	Our School Open House 3:00 pm Everyone welcome! ❤️

A Note about regular school attendance

Dear PLFN School Families,

Despite bad weather and illness, our students, staff and families have persisted to keep learning and engaged. We appreciate everyone’s hard work and commitment to our school community. ●

As long as your child/children are feeling well, please make sure they attend school regularly and on time. Doors open at 8:30. Please call if your child is sick and cannot come to school. 902-755-9954 or call/text 902-301-3773.

Every day of school is an important opportunity for students to learn as well as connect with peers and their teachers. Attendance matters. Wela’liek!

ATTEND TODAY, ACHIEVE TOMORROW

GOOD SCHOOL ATTENDANCE MEANS...



ELEMENTARY STUDENTS
read well by the end of third grade



MIDDLE SCHOOLERS
pass important courses



HIGH SCHOOLERS
stay on track for graduation



COLLEGE STUDENTS
earn their degrees



WORKERS
succeed in their jobs

Too many absences—excused or unexcused—can keep students from succeeding in school and in life. How many are too many? 10% of the school year—that’s 18 missed days or 2 days a month—can knock students off track.

