

# PIKTUK AKNUTMAQN

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## Apuknajit raised earlier this week

This means we are only one moon cycle away from the spring equinox.

This is also the time Mi'kmaq begin the process of harvesting winter birch bark.

Layers of birch bark that have fused together during these harsh cold months, forming a thicker bark to be used for baskets, canoes, pouches and more.



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## PIKTUK NEWS



Band Office Hours	Health Centre Hours	Garbage Day	Chief & Council Meetings
<p>Monday - Thursday 9:00 am - 4:00 pm</p> <p>Friday 9:00 am - 3:00 pm</p> <p>Closed for lunch hour.</p>	<p>Monday - Thursday 9:00 am - 4:00 pm</p> <p>Friday 9:00 am - 3:00 pm</p> <p>Closed for lunch hour.</p>	<p>Collection is every second Tuesday</p> <p><b>Next Collection Date is:</b></p> <p>Tuesday March 8, 2022</p> <p>Tuesday March 22, 2022</p>	<p>The next Chief &amp; Council meeting is Tuesday March 8.</p> <p>To submit a letter or request please email <a href="mailto:janet@plfn.ca">janet@plfn.ca</a> or <a href="mailto:webmaster@plfn.ca">webmaster@plfn.ca</a> or you can drop off at the front desk of the Band Office.</p>
VCM Hours	Wolf Den Hours	Pictou Landing Pantry Hours	Fisheries Hours
<p>Monday - Friday 7:00 am - 11:00 pm</p> <p>Saturday- Sunday 9:00 am - 11:00 pm</p>	<p>Open 7 days a week 9:00 am - Midnight</p>	<p>Tuesday 1:00 pm - 3:00 pm</p> <p>Wednesday - Thursday 9:00 am - 3:00 pm</p> <p>902.759.3805</p>	<p>Monday - Thursday 9:00 am - 4:00 pm</p> <p>Friday 9:00 am - 3:00 pm</p> <p>Closed for lunch hour.</p>

## PIKTUK NEWS



Pictou Landing First Nation  
Community Clothing Bank

# GRAND OPENING

THURSDAY MARCH 3RD | 10AM  
BESIDE THE FOOD PANTRY  
43 MAPLE STREET

P'TEWEI AQ LUSKNIKN

WELALIOQ TO EVERYONE WHO DONATED  
CLOTHING OR HELPED MAKE THIS POSSIBLE!

Starting today Thursday February 24, the staff at the Fisheries Compound Building will be giving away "THREE FREE" 10 lb bags of yellow potatoes to every home in our community! Go pick up your tapatats! Welalioq to PEI Farmers for supplying potatoes to communities and food banks across the country and Atlantic Canada.

Health Canada and the government of PEI have cleared these potatoes for consumption and therefore did not want to see this food go to waste! For Band Members living out of the community go check out the fisheries compound today for some tapatats also!



**THREE FREE 10 LB  
BAG'S OF YELLOW  
POTATOES TO EVERY  
HOUSEHOLD IN OUR  
COMMUNITY!**

**PICK UP TODAY AT  
THE FISHERIES  
COMPOUND BUILDING**

## **PIKTUK EMPLOYMENT OPPORTUNITES:**

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**Job Title: Nurse Practitioner Part time contract positions consisting of 1-3 days a week for 18 months.**

### **Job Opportunity Details:**

This position could be filled by multiple NP's with ability to work 1 day each.

Pictou Landing First Nations is seeking Nurse Practitioners who would like to work in community 1-3 days per week to provide services to community members who do not have a Family Physician. Pictou Landing First Nations is a Mi'kmaq community of approximately 600 people on the Northumberland Strait in Nova Scotia. Pictou Landing is located approximately 15 minutes from New Glasgow. Pictou Landing Health Center supports the community through primary care, public health, Mental health supports and prevention programs. Nurse Practitioners will work in partnership with the other staff of the Health Center to provide holistic care to community members.

### **Responsibilities:**

Nurse Practitioners (NP) will provide comprehensive and coordinated care to Pictou Landing First Nation community members. The NP partners with other health care services in community such as nurses, mental health supports or maternal child health supports and complements other members of the health care team for the achievement of person and family centred care, assessment, diagnosis, treatment, monitoring and evaluation of patient health and treatment outcomes, screening and health promotion, early detection of illness and disease, chronic disease management, continuity and coordination of care and enhanced access to programs, services and community resources

### **Qualifications:**

Masters of Nursing - Advanced Nursing Practice stream or equivalent nurse practitioner program

Current registration as a Nurse Practitioner - Family/ All Ages, and in good standing with College of Registered Nurses of Nova Scotia (CRNNS), or eligible.

Recent experience working in a Nurse Practitioner role with family of all ages preferred

Experience working within a First Nation community preferred

Compensation Hourly or Daily rates will be in line with the NS Health pay scale travel to community will be supported.

Application Deadline: Open until the position is filled

### **Please send Resume and Cover Letter to:**

Katie Paul, Human Resources

6533 Pictou Landing Road

Fisher's Grant, NS B0K 1X0

Or via email at [katie.p@plfn.ca](mailto:katie.p@plfn.ca)

## Boat Harbour Remediation Project – Community Meeting

A community meeting will be held on March 3, 2022 from 5:00 p.m. to 6:45 p.m. to provide information on the Federal environmental assessment (EA) for the Boat Harbour Remediation Project (BHR Project). Pictou Landing First Nation community members will have the opportunity to ask the Impact Assessment Agency of Canada (Agency), Federal experts and Nova Scotia Lands Inc. (NS Lands) questions.

The meeting will be held virtually through ZOOM. To join the meeting:

<https://us02web.zoom.us/j/88635620926?pwd=MGFDR1ZiYmpXc0Z5WDlwRTdDdE9Ldz09>

**Meeting ID: 886 3562 0926**

**Passcode: 423013**

### Proposed Agenda:

Time		Speaker/Presenter
5:00 p.m.	Welcome	Chief Andrea Paul/Agency
	Opening prayer and comments	Chief Andrea Paul
5:10 p.m.	Presentation: overview and update on the progress of the federal environmental assessment process for the BHR Project	Agency
5:30 p.m.	Q&A on the EA process	PLFN Community members
5:45 p.m.	Presentation: overview of BHR Project	Nova Scotia Lands Inc.
6:05 p.m.	Q&A on BHR Project	PLFN Community members
6:30 p.m.	Closing comments	Chief Andrea Paul/Nova Scotia Lands/Agency
	Closing prayer	Chief Andrea Paul
6:45 p.m.	Meeting adjourned	

To register for your meal gift card and to have the link emailed to you can contact Kara at [Kara.b@plfn.ca](mailto:Kara.b@plfn.ca).

If you are not able to attend and have a question, please contact Kara and she will be sure to pass it along to the presenters.

## PIKTUK NEWS

Nova Scotians will see fewer restrictions beginning Feb. 28, with all restrictions ending on March 21.

As we move away from broad restrictions and shift to personal actions and responsibility, please remember to care for one another and do what you need to do to stay safe.

On Feb. 28, proof of full vaccination will no longer be required to participate in non-essential activities such as indoor dining.

On March 7, Phase 2 of the reopening plan will begin, with larger gathering and capacity limits, the return of tournaments and competitions, and bars and restaurants can open regular hours.

Public health restrictions will end on March 21. Physical distancing and mask requirements will end, as will restrictions in schools. Some restrictions will remain in the health system.

The changes in restrictions will be updated at [NovaScotia.ca/reopening-plan](https://NovaScotia.ca/reopening-plan).

### Nova Scotia's Reopening Plan: Update

**Phase 1:**

Proof of Vaccination requirements will be lifted on February 28.

**Phase 2 begins March 7.**

- Tournaments and competitions will be permitted.
- Capacity and gathering limits will increase.
- Bars and restaurants can open regular hours.

**Phase 3 begins March 21.**

- Public health restrictions end.
- School public health restrictions end.
- Physical distancing and mask requirements end.
- Some restrictions remain in health system.

[NovaScotia.ca/Reopening-Plan](https://NovaScotia.ca/Reopening-Plan)